

Thursday, September 27, 2018

Thank you to all who attended our Imperial Beach Chamber of Commerce (IBCO) Networking breakfast on Thursday September 27th (fourth Thursday of each month). Our speaker this month was Dr. Katie McNamara, South Bay Union School District Superintendent.

Dr. McNamara spoke on Measure NN. There is a flyer in the handouts detailing the information about Measure NN. Thank you to Dr. McNamara and her assistant Amy Cooper for attending our breakfast and taking time out of their busy schedules to keep our community informed on this important issue. It is important to note that we tried something new this month. Our sponsor, YMCA Camp Surf, provided the entire breakfast from their kitchen at Camp Surf. It was delicious and 100% recyclable. A compost bucket was even provided for “leftovers”. Thank you to YMCA Camp Surf.

Attached are copies of the flyers that were left on the table by your local businesses and non-profits. There are many opportunities to get involved in the City of Imperial Beach – please take a moment to look at all the events taking place. Please check our website at www.ib-chamber.com for any future events. While you are at it, look at our member directory and if you are looking for something, see if one of our members can help you.

The next Imperial Beach Chamber of Commerce networking breakfast, and our last for 2018, is scheduled for Thursday, October 25th, 2018. Our scheduled speaker is Hazel Belvin, MPH, Public Health Educator with the American Lung Association. As a business, it is important to hear what the American Lung Association has to say – one being the promotion of an IB Smokefree Outdoor Dining Policy. Our sponsor will be the Blue Wave Development. Come hear the vision for their newest development. Please join us at 0715 at the Dempsey Holder Center located at 950 Ocean Lane, Imperial Beach, CA 91932.



Left to right – IBCOC President Valerie Acevez, Directors Karen Odermatt and Martin Mattes, Guest speaker Dr. Katie McNamara and her assistant, Amy Cooper.

DCF 6th

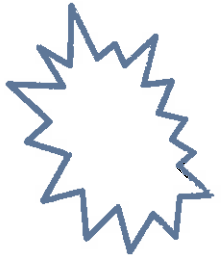
BREAKFAST SPONSOR:



YMCA CAMP SURF
560 Silver Strand Blvd.
Imperial Beach, CA
(619) 423-5850

FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLATINUM Sponsor



GOLD Sponsors



Monthly Networking Breakfast
Dempsey Holder Center
950 Ocean Lane
Imperial Beach, CA 91932

September 27, 2018



Thursday, September 27, 2018

WELCOME DIGNITARIES

**IBCOC Board Members
Council Members
Announcement of attendees**

Introduction of attendees

SPEAKER



Dr. Katie McNamara
South Bay Union School District
kmcnamara@sbusd.org
SBUSD NEWS @SBUSD_SUPT
Bond NN



Mission Statement - Creed

The Imperial Beach Chamber of Commerce is organized to advance the general welfare and prosperity of the Imperial Beach area so that citizens and all areas of its business community shall prosper. All necessary means of promotion shall be provided and particular attention and emphasis shall be given to the economic, civic, commercial, cultural, industrial, social, and educational interests of the area.

This association shall be nonpartisan, nonsectarian, nonsectarian, and nonprofit, and shall take no input in, nor lend its influence to, the election or appointment of any candidate for elected city office.

2018/2019 EXECUTIVE OFFICERS

President Valerie Acevez
Vice President Olivia Pickering
Treasurer Karen W. Odermatt
Secretary Martin Mattes

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Ashley Ortega
Anthony Rodriguez
Ed Kim
Erika Lowery
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The Tin Fish
Associate Member
Professional Locksmith
P.A.M. Investments
Borderview YMCA
San Diego Gas & Electric
IB Pet Hospital



**THANK YOU TO IMPERIAL BEACH RESORTS
WHO RENEWED THEIR GOLD MEMBERSHIP!**

**Imperial Beach Chamber of Commerce monthly Board meetings are held the 2nd Wednesday of each month at the Community Room, City of IB
Board meeting is at 5:00 p.m. - ALL ARE INVITED**

info@ib-chamber.com or (619) 424-3151



NOVEMBER 6, 2018

WHAT IS MEASURE NN?

Measure NN is a general obligation (GO) bond on the November 6 general election ballot. Designed as a tax rate extension, the measure will authorize \$18 million in locally controlled funds to renovate and rebuild VIP Village Preschool with no increase in current tax rates.

WHY IS MEASURE NN NEEDED?

As one of our community's most valuable resources, our local elementary schools must be maintained and protected. However, state funding is inadequate to maintain and improve these facilities. Measure NN addresses this problem by providing locally controlled funds to rebuild and renovate VIP Village Preschool.



WHAT IS A TAX RATE EXTENSION?

A tax rate extension will allow the South Bay Union Elementary School District to fund improvements to VIP Village Preschool with no increase in current tax rates. Funds to repay the bonds come from a tax on all taxable property – residential, commercial, agricultural and industrial – located within the District.

HOW MUCH WILL MEASURE NN COST?

Measure NN's annual tax rate is estimated to be 2 cents per \$100 of assessed valuation while the bonds are outstanding. This amount will be an extension of the current estimated tax rate.

WHAT PROJECTS WILL BE FUNDED BY MEASURE NN?

- Upgrading and improving student safety by installing fencing, security alarms and monitoring systems
- Constructing, renovating and rebuilding VIP Village Preschool classrooms
- Renovating and replacing aging restroom facilities
- Replacing aging utilities including water, sewer, electrical and telecommunication systems

WHAT TAXPAYER PROTECTIONS ARE IN PLACE?

An independent Citizens' Oversight Committee must review and audit all bond expenditures. Funds are prohibited from being used for general operating expenses. Legal safeguards prohibit the state from taking these funds and spending them elsewhere.

QUICK FACTS



Constructing new classrooms and school facilities at VIP Village Preschool to improve access to public preschool education



Will extend current tax rate with no increase in current tax rates



Estimated annual tax rate is 2 cents per \$100 of assessed valuation



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



ALL ABOARD! AT YMCA CAMP SURF

11/3/18

YMCA CAMP SURF | IMPERIAL BEACH, CA

ALL ABOARD! AT YMCA CAMP SURF

Benefiting Camp Facilities & Scholarships



YMCA OF SAN DIEGO COUNTY
YMCA CAMP SURF
560 Silver Strand Blvd
Imperial Beach CA 91932

OUR MISSION: The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind, and body.

SAVE THE DATE: Saturday, Nov. 3rd, 2018

ADULTS ONLY EVENT | 4PM - 8PM



ALL ABOARD!
AT YMCA CAMP SURF

- Appetizers
- Cold Beverages
- Social Time
- Dinner
- Live Band
- Silent/Live Auctions
- New Cabin Dedication
- Ocean Views

RSVP @ www.ymca.org/beachparty

For more info contact: Steve Morris | smorris@ymca.org | P. 619-423-5850

MAKE IT A DATE NIGHT:

Room block available at
Pier South Resort in Imperial Beach

Minor Emergencies, Deserve Major Attention.
WALK-INS WELCOME!

OPEN 7 DAYS A WEEK

www.southbayurgentcare.com



HOURS

Monday-Friday: 9am – 7pm

Saturday-Sunday: 10am- 6pm



Why choose SouthBay Urgent Care?

- Minimal Wait Times
- **Affordable Self-Pay Rates** (for those without insurance)
- Cost is a Small Fraction Compared to an ER Visit
- Clean, Modern, Custom Built Facility

- On-Site Lab & X-Ray Facilities (*same-day results*)
- Drug Testing
- **Worker's Comp Injuries**
- D.O.T. Exams
- TB Testing
- **No appointment necessary**
- We Accept **TRICARE, MEDICARE** and **MOST INSURANCES**
- **HABLAMOS ESPAÑOL**
- Pre-Employment, School, and Sports Physicals

Meet South Bay Urgent Care's
Friendly and **Professional Urgent Care**



1628 Palm Ave
San Diego, CA
92154



Information for Parents for the 2018-2019 Flu Season



Everyone 6 months of age and older should get the flu shot this season.

- Only injectable flu vaccines (given as a shot) are recommended by the Centers of Disease Control (CDC) and the American academy of Pediatrics (AAP) this season.
- Injectable vaccines include inactivated influenza vaccines (IIV) and recombinant influenza Vaccines (RIV). RIV is NOT approved for children younger than 18 years of age; those children should receive IIV.
- The nasal spray flu vaccine (trade name FluMist[®]) is not recommended this season because of concerns that it May not work well. An example, CDC found it offered no protection against flu for children 2 through 17 years of age last season.
- Flu shots DO work, finding that flu shots reduced a child’s risk of ending up at the doctor’s office sick with flu by more than 50% last season.

Reasons to get your child a flu shot:

1. Flu shots can keep your child from getting sick with the flu.
2. Influenza is more serious than the common cold. It can lead to serious complications, including hospitalization or death.
 - a. CDC estimates that since 2010, flu related hospitalizations among children younger than 5 years have ranged from 7,000 to 26,000 in the United States.
 - b. Since 2004-2005, flu related deaths in children reported to CDC during regular flu seasons have ranged from a low of 37 to a high of 171 deaths.
3. Children, specially school-aged children, are more likely to catch the flu. Once infected, children can spread the flu to parents to siblings, other family members, and friends.
4. Children with certain long-term health conditions (like asthma or diabetes) and all children younger than 5 years are at high risk or serious illness when they get the flu.
5. Flu vaccines are among the safest medical products in use. Hundreds of millions of people have safely gotten flu vaccines for more than 50 years. The mild effects from getting vaccinated are much less of a problem than getting sick.

The single best way to protect children from the flu is to get them vaccinated each year.

Traditional flu vaccines are made to protect against either 3 flu viruses (called “trivalent” vaccines) or 4 flu viruses (called “quadrivalent” vaccines). Quadrivalent vaccines protect against the same 3 viruses as the trivalent vaccines plus an extra B virus.

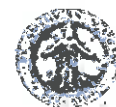


Starting October 1

\$20



American Academy of Pediatrics



MEMBER SINCE 1930





I.B. FRESH

Join us every 4th Tuesday of the month to participate in our farming fresh program. Every month we will be sharing something new in local farming, gardening, and more.



October 23rd
4:00 PM

Join guest speakers Mel Lions, Founder & Manager of Wild Willow Farm and Sun Coast Market Co-op. Clean vs. Organic vs. Conventional.

What's the difference and what do I eat?!

This program is sponsored by Friends of the Imperial Beach Library.

Imperial Beach Branch - 810 Imperial Beach Blvd. IB, CA 91932 - (619) 424-6981



facebook.com/imperialbeachlibrary



Yoga With Shawna's
REIKI CLINIC

\$25 [\$108 value]

Book online: www.YogaWithShawna.com

Walk-ins welcome!

Tuesdays: 3:30-6:30 PM

Thursdays: 10:30-1:00 PM

Sundays: 3:30-6:30 PM

600 Palm Ave, Suite 220
Imperial Beach, CA

DONATION-BASED YOGA + MEDITATION

Monday-Sunday: 9:00 AM

Monday-Thursday: 7:00 PM

Sundays at 7:00 PM: Plant Medicine Class

This heart-centered business is focused on accessibility. Shawna believes health is everyone's birthright regardless of the amount of money a person has! She is opening her heart with this "experimental" business plan promising donation-based yoga for a year (until Sept. 2019). As long as this healing center is supported by the community, prices will stay this way year after year.

How You (the community) Helps:

Give at least \$3 a class (suggested \$5-\$12) or join the monthly contribution program giving \$25 a month (The space needs 200 monthly contributors to cover costs). Tell your friends. Bring your family!
For the detailed schedule: www.YogaWithShawna.com

YOGA + MEDITATION SCHEDULE

Please visit YogaWithShawna.com for the most updated schedule.

SUNDAY

9:00 AM: Meditation

7:00 PM: Plant Medicine Class

MONDAY

9:00 AM: Yoga

7:00 PM: Meditation

TUESDAY

9:00 AM: Meditation

7:00 PM: Yoga

WEDNESDAY

9:00 AM: Yoga

7:00 PM: Yoga for Your Aura

THURSDAY

9:00 AM: Meditation

7:00 PM: Yoga

FRIDAY

9:00 AM: Meditation

SATURDAY

9:00 AM: Yoga

Classes with Shawna:

Monday 9:00 AM Yoga

Tuesday 7:00 PM Yoga

Wednesday 7:00 PM Yoga for Your Aura

Thursday 9:00 AM Meditation

Sunday 7:00 PM Plant Medicine Class

only
\$25
monthly
membership



Over the Line

*BACK IN IMPERIAL BEACH AFTER 40 YEARS
1978-2018*



*SAT 10/27/18 * 7:00AM - 6:00PM*

\$120 PER TEAM / 16 MENS & 8 WOMANS TEAMS

DOUBLE ELIMINATION

SIGN UP AT THE SCOREBOARD 9/29 9:00-11:00AM

SPONSOR YOUR BUSINESS

DAVE 619-735-4006 / ERIC 619-431-8632



**BOYS & GIRLS CLUBS
OF SOUTH COUNTY**

IMPERIAL BEACH SKATEPARK

FREE

FOR KIDS

SKATEBOARD

CONTEST

SATURDAY 11/3

REGISTRATION

8:00AM

CONTEST

10:00-2:00



RAFFLE

PRIZES

LIVE

BANDS

SPONSOR YOUR BUSINESS

DAVE 619-735-4006 / ERIC 619-431-8632